

# Leyden Academy

## ON VITALITY AND AGEING



[www.leydenacademy.nl](http://www.leydenacademy.nl)

### Organisation

Leyden Academy is a knowledge centre that pursues innovation, provides education and conducts research in the field of human ageing and vitality. The mission of the academy is to improve the quality of life of older people.

### Development

Leyden Academy initiates activities in science and society, inspires political debate and influences public opinion through the media. As coordinator of the VITALITY programme, Leyden Academy is engaged in developing sustainable solutions for the ageing population. In addition, Leyden Academy focuses on improving elderly healthcare education and inspiring students to work in elderly healthcare. Furthermore, Leyden Academy participates in the local initiative Leidse Proeftuin Zorg & Welzijn, which aims to improve care and welfare for residents of the city of Leiden. Leyden Academy works closely with various partners, such as:

- City of Leiden
- ILC Global Alliance
- Leiden University Medical Centre (LUMC)
- Max Planck Institute for Demographic Research and Biology of Ageing
- Medical Delta partners
- Leiden University
- Vereniging Het Zonnehuis
- ZonMw



### Education

- The executive course Ageing and Healthcare is available to executives, directors and managers in the health-care sector.
- Leyden Academy offers a one-year master programme on Vitality and Ageing designed for post-graduate students. The classes are taught by an international faculty. Students receive a master's degree from Leiden University.
- For bachelor students in various fields, Leyden Academy offers the minor Evolution of ageing and disease. Talented minor students are invited to join the Young Excellence Class, which prepares them to become pioneers in elderly care.
- Leyden Academy shares knowledge and insights on vitality and ageing with a large audience through meetings, courses, lectures and seminars.

### Research

Leyden Academy initiates and conducts multidisciplinary research in social, medical-demographic and clinical areas, such as:

- Development of life expectancy
- Economic value of the elderly
- Elder abuse
- Attitudes towards old age
- Intergenerational care
- Environmental influences on the rate of ageing



### Leyden Academy on Vitality and Ageing

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